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Sainik Awasiya Mahavidyalaya, Bhaktapur

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सम्पादकीय

व्यवहारिक शिक्षा आजको आवश्यकता

व्यावहारिक शिक्षा भन्नाले कुनै पनि विषयको सैद्धान्तिक अध्ययन मात्र नभएर वास्तविक जीवन भोगाइका चरणहरु, त्यससँग सम्बन्धित समस्याहरु एवंम् परिस्थितिसँग जुध्नका लागि आवश्यक पर्ने सिप र दक्षताहरु भन्ने बुझिन्छ, जसमा जीवनजगतसँग सम्बन्धित प्रयोगात्मक अनुभव र गतिविधिहरूको भूमिका रहन्छ । मानिस जब यस धर्तीमा पाइला टेकी बिस्तारै अघि बढ्न थाल्छ तब परिवार र समाजबाट नै उसका सम्पूर्ण कुराहरुको विकासक्रम अघि बढ्दछ त्यसैले बालकको पहिलो पाठशाला नै घर हो, भनिन्छ । ऊ घरपरिवार हुँदै साथीहरुसँग खेल्दै, झगडा गर्दै समयक्रमसँगै धेरै कुराहरु सिक्दै जान्छ। यही क्रममा समय बितेको पत्तो नपाई परिवार र समाजमा स्थापित हुन पुग्छ । बालकले घरपरिवारबाट जुन संस्कार सिकेर आएको हुन्छ त्यही संस्कार नै विद्यालयमा प्रवेश गरेपछि परिमार्जन हुने भएकाले पारिवारिक संस्कारले नै बालकको चरित्र निर्माणमा ठुलो भूमिका निर्माण गर्दछ ।

शिक्षाविद रुसोले भनेका छन कि "शिक्षा अरु केही होइन बानीहरूको निर्माण मात्र हो । यसबाट पनि स्पष्ट हुन्छ कि शिक्षा भनेको मार्कसिट र सर्टिफिकेट प्राप्त गर्नु मात्र नभई उसको बानी र क्रियाकलापको विकास हुनु पनि हो ।" हामीलाई कुनै निश्चित शैक्षिक मापदण्डभित्र राख्नका लागि मात्र कागजी प्रमाणपत्र आवश्यक पर्छन्, जीवनको सफलताका लागि त व्यावहारिक ज्ञान, असल चरित्र र नैतिकता नभइ नहुने कुरा हो। हामीले हरेक क्षेत्रमा देखाउने इमान्दारी, चातुर्य, गम्भीरता स्वंम् असल स्वभाव नै हाम्रो शिक्षाको सबैभन्दा ठुलो प्रमाणपत्र हो । आजको प्रतिस्पर्धी संसारमा शैक्षिक योग्यतासँगै व्यावहारिक सिप र दक्षताको खोजी गरिन्छ तसर्थ उपयुक्त रोजगारका अवसरहरु प्राप्त गर्नका लागि व्यावहारिक शिक्षा अपरिहार्य छ । विद्यालयमा पढेका सैद्धान्तिक कुराहरुलाई वास्तविक जीवनमा लागु गर्ने क्षमता व्यावहारिक शिक्षामा हुने भएकाले व्यावहारिक जीवनमा आइपर्ने समस्याहरुको समाधान गर्न सक्षम बनाउँछ । यसले औद्योगिक तथा व्यापारिक क्षेत्रमा दक्षता र सक्षमतासँगै उत्पादनशीलताको विकासमा टेवा पुऱ्याउँदै व्यक्तिगत जीवनका सामान्य र जटिल पक्षहरूको व्यवस्थापन गर्न समय प्रबन्धन, सञ्चार कौशल, नेतृत्व विकास, वित्तीय व्यवस्थापन तथा अन्य सामाजिक व्यवहारसँग सम्बन्धित आवश्यक सिपहरु प्रदान गर्दछ । यसले शैक्षिक जीवन मात्र नभएर भविष्यको पेसागत र व्यक्तिगत जीवनमा सफलता प्राप्त गर्न मदत गर्दछ । यी सबै कुराहरूको उचित व्यवस्थापनका लागि नैतिक शिक्षाको आवश्यकता पर्दछ जसलाई हामी असल सामाजिक व्यवहार वा असल सामाजिक संस्कार भनेर पनि चिन्दछौं ।

आज हाम्रो देशमा साक्षरहरुको सङ्ख्या बढे पनि असल सामाजिक संस्कारको विकास हुन नसकी सामाजिक सभ्यता विपरीतका कार्यहरू भइरहेका छन् त्यसैले समाजमा स्थापित गलत संस्कार र मान्यताहरुलाई जरैदेखि उखेलेर सुन्दर र सभ्य समाजको निर्माण गर्न नैतिक र व्यावहारिक शिक्षा आजको अपरिहार्यता बनेको छ ।

Belt Grading Program Held

On the 1st Mangsir 2081, Sainik Taekwondo Dojang, Bhaktapur, hosted the Belt Grading Program, in which students playing Taekwodo were assessed for various belts. A total of 46 students aiming for yellow, yellow-green, green, green-blue, blue, blue-red, red, half-black, and black belts participated in the program.

Shyam Tajale, the president of the District Taekwondo Association, Bhaktapur and international referee, served as the chief judge for the event. On the same occasion, the erstwhile Mahavidyalaya Head of Management Col Arjun Adhikari along with Mr. Taiale awarded certificates and medals to the winners of the Inter-colour Taekwondo Competition-2081.





Parents' Day Celebrated

Mahavidyalaya organized the Parents' Day program for the parents of Grade VII students on 7th Mangsir 2081. The event featured cultural, musical, and literary performances by students, showcasing their talents.

Vice-principal Mr. Mahendra Bahadur Bam welcomed the parents, while Class Co-ordinator Ms. Shrijana Sharma, in her speech, highlighted the school's efforts towards the holistic development of the students. The then Head of Management,Col Arjun Adhikari, expressed gratitude to the parents for their ongoing support and cooperation. The program concluded with an interactive session between the parents and the SAMB Management.







Red Color Triumphed in the Inter-color Basketball

The final match of the Inter-color Basketball Competition 2081 in the Medium Boys' category took place on 2nd Mangsir 2081 at the Mahavidyalaya Basketball Court. In an intense and thrilling game, the Red team emerged victorious, defeating the Green team in the final. Yellow color secured third place in the competition.

The top three teams–Red, Green, and yellow–were awarded certificates and medals for their outstanding performances. The prizes were presented by Security Officer Maj. Ishwor Malla, who congratulated the teams for their sportsmanship and determination throughout the competition.




Students Taken to Hiking, Trekking and Picnic

Mahavidyalaya Principal Mr. Dal Prasad Pun and Head of the Management, Col Arjun Adhikari awarded the students the certificates, medals and tokens of love for participating and winning various positions in the events in the 9th SQC Hub Convention of Sainik Schools held at Sainik Awasiya Mahavidyalaya, Pokhara and Subrato Cup in New Delhi. Similarly, in the regular morning assembly of Grade IX and X amidst the teachers and students, the Principal showed a concern on the impacts that could be made through SQC activities to build a positive culture in the Mahavidyalaya and asked all the concerned to work on it collaboratively in the days ahead.

Similarly, a grand prize distribution ceremony was held on 30th Kartik, 2081 to recognize the outstanding performers in various Extra-Curricular Activities (ECA). The event celebrated the achievements of students across diverse categories, including music, dance, swimming, elocution, art, and literary activities. Medals and certificates were presented to the winners by the concerned HOD and Co-ordinators who commended their hard work, creativity, and dedication. The ceremony was attended by students who applauded the participants for their exemplary contributions to the cultural and extracurricular life of the institution.





Green Team Got Victory in the Inter-color Football

The final match of the Inter-colour Football Competition 2081 in the Senior Boys category was held on 10th Mangsir 2081 at the Mahavidyalaya Football Ground. After an intense and exciting game, the Green team from the Morning Shift emerged victorious, defeating the Yellow team from the Day Shift to claim the championship title. The Green team from the Day Shift secured third place in a commendable performance.

The awards ceremony saw a special recognition of the top three teams. The 2nd Runner-up (Green Day Shift) was presented the certificates and medals by SAMB Alumni APF Inspector Bibek Lamichhane and Cpt Nirmal BK. The 1st Runner-up (Yellow) received their certificates and medals from Hostel Superintendent Mr. Suraj Thapa Magar and the Head of the Department (Management) Mr. Shambhu Bikram Bista. Finally, the winning players of the Green team (Morning Shift), were awarded certificates and medals by the erstwhile Head of Management, Col Arjun Adhikari.




Grade VI Hosted the General Assembly

On 12th Mangsir 2081, Grade VI students hosted their General Assembly in the presence of the students from Grade VI to XII. The event featured a display of student talents in literature, music, and announcements. Football players representing the Mahavidyalaya in international competitions were also felicitated.

Music teacher Mr. Shyam Sundar Kayastha paid tribute to the recently retired Mr. Kamal Rijal, also a music teacher, with a heartfelt song. Grishma Rayamajhi of Grade XII delivered a speech on the "Sixteen Days' Campaign Against Gender-Based Violence," highlighting the status of women in Nepali societyes and work diligently to achieve their goals.

by Principal Mr. Dal Prasad Pun, urging students to make the best use of available resources and work diligently to achieve their goals.



Yellow Color Won the Inter-color Volleyball

In the final match of the Inter-color Volleyball Competition (Mixed Girls), held on 12th Mangsir 2081 at the Mahavidyalaya Volleyball Court, Yellow team triumphed over the Green team, while Red team secured the third place.

On the occasion, Capt. Nirmal BK conferred the certificates and medals to the 2nd Runner-up (Red), Vice Principal Mr. Mahendra Bahadur Bam to the 1st Runner-up (Green), and Principal Mr. Dal Prasad Pun to the Winner (Yellow) Team.





SAMB Observes 16 Days of Activism against Gender - Based Violence

Under the slogan "Our Commitment, Solidarity for Ending Gender Violence," Mahavidyalaya, organized various programs in observance of the "16 Days of Activism Against Gender-Based Violence," that was celebrated from 10th to 25th Mangsir 2081. As part of the activities, around 400 students from Grade IX and XI, along with 10 teachers, participated in a morning rally that started from the college premises and covered various locations in Bhaktapur. Additionally, Grishma Rayamajhi, a Grade XII student, delivered a speech on "Gender Violence and Public Awareness," further contributing to the awareness campaign.





Red Won over Green in the Inter-Color Basketball Competition

In the final match of the Inter-Color Basketball Competition 2081 (Mixed Girls), held at Mahavidyalaya Basketball Court on 13th Mangsir 2081, Red defeated Green to claim the victory. Yellow secured third place. Capt. Nirmal BK awarded certificates and medals to the winner, first runner-up, and second runner-up.

Yellow Triumphs in Senior Boys' Inter-color Basketball 2081

In the final of the Inter-color Basketball Competition 2081 (Senior Boys), held at Mahavidyalaya Basketball Court on 13th Mangsir 2081, Yellow defeated Green to win, with Red finishing third. Certificates and medals were presented to the winners by the HOD (Management) Mr. Shambhu Bikram Bista,

Red Proved Unbeatable in the Inter-color Girls' Football

In the final of the Inter-colour Football Competition 2081 (Mixed Girls), held at Mahavidyalaya Football Ground on 13th Mangsir 2081, Red defeated Blue to claim victory, while Yellow secured third place. Maj Roshani Karki presented certificates and medals to the winners.





Welcome-cum-Farewell Program Organized

Mahavidyalaya Lumbini (Bachelor Level) Block organized the 'Welcome-cum-Farewell Program' on 13th Mangsir 2081.The event served as a warm welcome for the newly admitted students of BBA 1st Semester and B.Sc. 1st Year, while bidding a heartfelt farewell to the outgoing 7th Batch of BBA and 6th Batch of B. Sc. students.

Principal, Mr. Dal Prasad Pun, in his inspiring initial speech, congratulated the new students for securing a place at Mahavidyalaya and extended his warm welcome to them. Simultaneously, he expressed his best wishes to the graduating batches, encouraging them to carry forward the values and knowledge they gained during their time at the Mahavidyalaya.

The event was further enlivened by vibrant cultural performances presented by the Bachelor-level students, adding a touch of excitement and joy to the occasion.

The then Head of Management, Col. Arjun Adhikari, shared a few significant words, reaffirming his strong commitment to ensuring a comfortable and enriching experience for the new students. While bidding farewell, he urged the outgoing students to cherish the positive memories and strive for excellence in their future endeavors.

A highlight of the program was the acknowledgment of excellence and contributions: TU Toppers were honored, Letters of Appreciation were distributed to Student Appointment Holders, and Tokens of Love were presented to the outgoing students as a mark of gratitude and best wishes.



Grade VII Students Enjoyed Hiking, Trekking and Picnic

On 14th Mangsir 2081, Grade VII students participated in an enriching excursion to Ghyampe Danda Mode, featuring hiking, trekking, and a picnic. The event aimed to connect students with nature, promote teamwork, and offer a balance of physical activity, learning, and recreation.



Miss Kandel Presented Sturdy in Essay Competition



Miss Siddika Kandel, a Grade IX student, secured second place in the Inter-School Essay Writing Competition (Middle Category) organized by the Modern Indian School, Kathmandu. She was awarded a trophy and certificate by Deputy Chief of Mission, Mr. Prassana Shreevastab, during the annual prize distribution ceremony held at the Indian Embassy, Kathmandu on 14th Mangsir 2081.

Senior NCC Cadets Program Held

Mahavidyalaya, celebrated the achievements of 36 exceptional 19th Batch Senior NCC cadets (18 boys and 18 girls) on 14th Mangsir 2081. The cadets, who underwent rigorous training as part of the NCC program, showcased their skills and bravery in an exhilarating horse riding session at Shree National Cavalry, Narayanhiti Barrack. The training concluded with a challenging wall-climbing session at HQ National Cadet Corps, highlighting their resilience and tenacity.



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SAMB Student Wins in the Poetry Writing and Recitation Competition



On the occasion of the Bhaktpur Festival, an Inter-School Poetry Writing and Recitation Competition was organized jointly by Khwapa Secondary School, Sharda Secondary School, Khwapa College, Bhaktapur on 1st Poush 208. Over 50 participating students from various schools from Kavre, Kathmadu and Bhaktapur, Master Utsav Acharya, a student of the 12th Grade (Science) from the Mahavidyalaya, secured the first place. He was awarded trophy, medal and certificate by Mrs. Rajani Joshi, the Deputy Mayor of Bhaktapur Municipality.

Formal Welcome and Farewell Ceremony at SAMB



The Mahavidyalaya organized a formal program on the 21st of Ashwin, 2081 to welcome the newly appointed Head of Management, Colonel Ashok Bahadur Chand, and bid a warm farewell to the outgoing Head of Management, Colonel Arjun Adhikari.

The event was a significant occasion, marking the transition of leadership within the institution. During the program, a cordial exchange of responsibilities took place between the outgoing and newly appointed Head of Management.

On the occasion, the Principal of the Mahavidyalaya, Mr. Dal Prasad Pun, addressed the gathering, extending a warm welcome to Colonel Chand and offering a heartfelt farewell to Colonel Adhikari. The program also featured a token of appreciation, during which the outgoing managing officer was presented with a symbolic gesture of love and recognition by the Mahavidyalaya Principal and Lt. Col. Mohan Kumar Thapa, Battalion Commander of the Indra Box Regiment.

The ceremony was attended by the vice principal, administrative officer, military officers, departmental heads, and class coordinators, all of whom came together to honor the leadership changes and express their best wishes for the future of the institution.

This special event not only marked a leadership change but also demonstrated the strong sense of community and mutual respect that defines the Sainik Awasiya Mahavidyalaya.

Nature



Ishaan Shrestha
Grade IX

The crimson sun of dawn and dusk
And the blissful red sky;
Blooming of fresh flowers and twinkling stars
And the woods, fragrance and shades of trees.

The moon silvery and radiant
And the night, quiet and calm;
The mountains, mystic and magnificent
And the glaciers priceless and fresh.

Lakes, large and it's sparkling crystal water
And the ocean vast and relentless.
The clouds fluffy and feathery
And the rain gentle and dew drops on plants.

The rainbow with seven color brilliance
And the fields and meadows symbolizing;
It's nature and its magical creatures;
It's nature and it's divine gift to us.
Everything's Nature,
God's gift that gave us all the features.

It's so green and divine
Helping us to stay clean and fresh every day.
With the billions of trees on this planet
And with many stunning cliffs.
Mountains so high to climb in;
Birds to fly so high in the blue sky
Soil, wind, water are natural parts of our nature.

So, the duty of protecting nature is ours
We should stop melting of our nature.

परदेश नजाऊ

✍ सक्षम झा | कक्षा : ८





जन्म्यौ यहीँ, हुक्र्यौ यहीँ, नेपालको माटो
यही देशमा काम गरी, बनाऊ बाटो घाटो।
चार वर्ण छत्तिस जात, हाम्रो नेपाल देश,
हाम्रो प्यारो देशलाई छोडी, नजाऊ परदेश ।

देश छोडी गयौ भने, परिवारलाई दुःख,
यही देशको सेवा गर, सबैजना ढुक्क ।
नेपाल देशमा छन् धेरै भाषा अनि भेष,
हाम्रो प्यारो देशलाई छोडी, नजाऊ परदेश ।

सबैभन्दा राम्रो देश, हो हाम्रो नेपाल,
परदेश गई नेपालको, शानलाई नढाल।
यही माटोमा रम्न सके, देशको सुधार हुन्छ,
विकासको लहर हो, सगरमाथा छुन्छ ।

गोरखालीले देशको लागि, आफ्नो ज्यान त्यागे,
त्यही भएर अङ्ग्रेजहरु, फिलिमटाप भागे ।
चार वर्ण छत्तिस जात, हाम्रो नेपाल देश,
हाम्रो प्यारो देशलाई छोडी, नजाऊ परदेश ।

MUNA MADAN : A Book Review



Title	:	Muna Madan
Author	:	Laxmi Prasad Devkota
Publisher	:	Sajha Prakashan, Kathmandu
Publish Year	:	1936
Subject	:	Narrative Poetry
Genre	:	Tragic
Language	:	Nepali
Pages	:	41



Dipisha Adhikari
Grade X

Is it a darkly passionate tale of love? Or, should we call it a highly original gothic story? The classic narrative poetry Muna Madan by Mahakabi Laxmi Prasad Devkota is, in my opinion, a unique and gripping blend of these genres. Written in 1936, it is a folk epic novel full of desire, love, passion, humanity and regret focusing on the main characters of Muna and Madan.

The book describes the life of a man (Madan) who leaves his wife (Muna) and goes to Lhasa to make money. Madan represents all the youths of Nepal who goes abroad to earn money for their livings.

The wife of Madan, Muna is the queen of love and sacrifice. She loves her Madan a lot; so she is upset as she has to send him to a place (Lhasa) where there are lots of obstacles and risks. But finally, she accepts this challenge and stays in the country with her mother-in-law who is old and weak.

While returning home, Madan falls sick on the way. His friends leave him on the road and come back home saying he has died. Finally, he is rescued by a man who is considered to be of lower caste in Nepal. That is why it is said that a man is said to be great not by caste or race but by a heart full of love and humanity.

When Madan returns to Kathmandu after regaining his health, he discovers that his mother and his beloved wife have already passed away. Madan comes to realized that money is of no value at that point.

The story also shows the life of a poor woman who suffers much without her husband and later dies because of grief. In this poem, Devkota has written about the biggest problems of the Nepalese society.
Through the story of Muna and Madan, Laxmi Prasad Devkota wants to stabilize the facts of traditional societies, unscientific beliefs and the negative impacts of unemployment and poverty in Nepalese society. The poet has wonderfully defined love by writing about the relationship of Muna and Madan.

Muna Madan is not what I would call an 'easy read'. There is a dense description and some of the dialogue is written in dialect which can be difficult to follow.

Nevertheless, I carried on and all to all I highly recommend Muna Madan. I would like you to remain unmoved after reading this exceptional book.

Discipline



Khushi K.C.
Grade: VI

Discipline is an important aspect of life that helps us to be responsible, respectful and successful individuals. It is the ability to control our actions, thoughts and behaviors.

Discipline can be taught at very young age by setting clear expectations and consequences for behavior and consistently enforcing them. For example, parents can set a bedtime for their child and enforce it by putting them to bed at the designated time. This helps the child to learn the importance of being on time and following rules.

In addition to setting clear expectations, it is also important to be a good role model for children. When parents or caregivers practice discipline in their own lives, children are more likely to follow it. For example, if a parent is always punctual and responsible, the child is more likely to learn the value of being on time and taking responsibility for their actions.

Discipline also includes self-control and self-motivation. Children can learn to control their emotions and reactions, and set goals for them to achieve. For example, a child can set a goal to finish his/her homework before watching TV and discipline himself/herself to stick to this goal.

Having discipline in school is very important. Children should learn to be responsible students by turning in homework on time, paying attention in class and treating others with respect. Teachers can help by setting clear expectations for behavior and consistently enforcing consequences for misbehavior. Discipline is an important aspect of life that helps us to be responsible, respectful and successful individuals.

आत्म अनुशासन



✍ उन्नती पुडासैनी | कक्षा : ८

आत्म भनेको आफू वा स्वयम् हो र अनुशासन भनेको सामाजिक वा संस्थागत नियम, मर्यादा वा आदर्श आचरणको हार्दिक अनुसरण हो । अनुशासनले व्यक्तिलाई भविष्यमा गएर एक असल र सबल नागरिक हुन मद्त गर्दछ । व्यक्ति भविष्यमा वा वर्तमान समयमै पनि केही कुरा सञ्चालन गर्न अथवा जुनसुकै कुरा गर्न पनि सर्वप्रथम आफूभित्रै अनुशासन हुनुपर्छ । अनुशासनले हरेक व्यक्तिलाई शान्त, धीर र संयमित व्यवहार गर्न सिकाउने भएकाले अनुशासन मानिसका लागि अपरिहार्य तत्व हो ।

भनिन्छ नि हरेक कुरा सुरुमा आफूले गरेपछि मात्र अरुलाई सिकाउन सकिन्छ। त्यसरी नै अनुशासन पनि सुरुमा स्वयंमा लागू गरेपछि मात्र परिवार, समाज , समुदाय वा देशको भलोको लागि सोच्न सकिन्छ । आज विश्व चर्चित हरेक व्यक्तिमा अनुशासन नभएको भए उनीहरू आज यत्तिको स्थानमा आइपुग्ने थिएनन् । हरेकको जीवनको रुखमा आत्म अनुशासनले हाँगाको भूमिका खेल्ने गर्छ जसमा अनुशासन वा जीवनमा गरिने कुनै पनि कार्य हुन्छ र ती शुभकार्यबाट पछि मिठा मिठा फल फल्ने गर्छन् ।

मान्छे बाहिरी रुपमा जति ज्ञानी भए पनि, उसले आफूलाई जति निःस्वार्थ देखाए पनि अनुशासन नभएमा त्यसको केही अर्थ नै रहँदैन । संसारमा विभिन्न विद्धानहरू छन् आ-आफ्नो क्षेत्रमा विज्ञ ठहरिएका धरोहरहरू छन् भने घुस खाएर वा घुस खुवाएर आफ्नो व्यक्तिगत नातागोता देखाएर त्यही स्थानमा पुग्ने व्यक्तिहरू पनि छन् । तर के यिनीहरू दुवै जनालाई हामी एउटै नजरले हेर्ने गर्छौं त ? अवश्य गर्दैनौं नि, तसर्थ आफूमा अनुशासन भएमा मात्र समाजमा आफ्नो राम्रो चरित्र वर्णन गराउन सकिन्छ नत्र समाजमा आफूलाई अरुले हेर्ने दृष्टिकोण पनि परिवर्तन हुँदै जान्छ ।

अनुशासित व्यवहारमा समयमा उठ्ने, समयमा खाने, नियमकानुन तथा संविधान अनुसार कामकाज गर्ने, जस्ता संयमित र न्यायिक व्यवहारहरू पर्दछन् । अनि यी व्यवहारको पालना गर्दा पनि मानिसमा एउटा सकारात्मक परिवर्तन त आउने निश्चित नै हुन्छ । त्यसैले आत्म अनुशासनले हरेक व्यक्तिको कुनै पनि कुरातर्फ व्यक्त गर्ने सोचाइ तथा सम्पूर्ण आचारणमै परिवर्तन ल्याउँछ । यसले मानिसमा हरेक कुरामा नेतृत्व गर्न सक्ने दक्षता प्रदान गरी सामुहिक कार्यमा समुचित व्यवस्थापन गर्ने क्षमताको पनि वृद्धि गर्दछ ।

अत: आत्म अनुशासनले हामीलाई जीवनोपयोगी दक्षता प्रदान गर्छ र सबैका सामु राम्रो चरित्रको सृजना गर्ने अवस्थाको वृद्धि गराउने हुँदा यो हाम्रो जीवनमा अति आवश्यक छ ।

प्रकृतिको सौन्दर्य



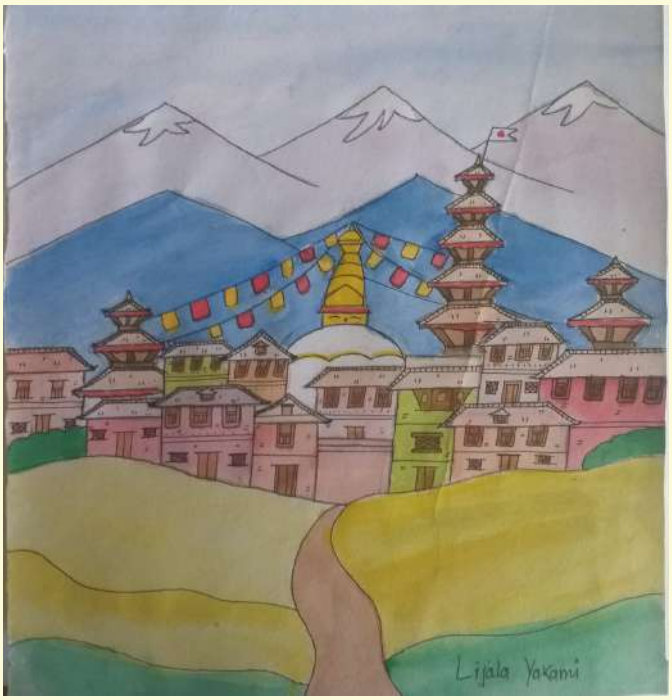
✍ नीतिका बडाल | कक्षा : ७

सुन्दर नदीको तटमा, प्राकृतिक सौन्दर्य छाई ।
पानीको ध्वनि सुन्दै, मन रमाइलो भई ॥
सिर्जनशील नदीले, ल्यायो जीवनको सङ्गीत ।
प्रेरित गर्दै छ हामीलाई, सपनाहरूको गीत ॥

नदीको पानी झर्दै छ, खेल्दै छ धरातलमा ।
साथै ल्यायो हाँसो खुसी, जीवनको रहस्यमा ॥
ताजा हावाले साँच्दै, नदीको तटमा चर्चित ।
स्वर्गीय दृश्य देखेर, हाम्रो मन भो हर्षित ॥

नदीले बगाएको बगरमा, खेल्दै छ है कुलो ।
प्रकृतिको सुन्दरता, दर्शन गर्दै मन भुल्यो ॥
नदीको स्वर्गीय सुन्दरता, हाम्रो मन मोहित ।
खुसी बनाउँदै, हामीलाई नदी हुँदै छ शोभित ॥

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- By Suyog Bhandari, Grade X



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